## SAN BRUNO SENIOR CENTER

## SEPTEMBER 2010

Join Us For Lunch

MENU

MONDAY THROUGH FRIDAY
SERVING AT NOON SUGGESTED
DONATION: \$3.00 for registered
Guests- 60+ years FUNDED BY SAN
MATEO COUNTY AREA AGENCY
ON AGING, PARTICIPANT
DONATIONS AND THE CITY OF
SAN BRUNO

Fee: \$5.50 for Non-Registered Guests (UNLESS OTHERWISE NOTED) (Registration is EASY -just ask the Receptionist)

Ī	Sun	Mon	Tue		Wed		Thu		Fri	S	at
	Losor Day			1	Roast Turkey with Mashed Potatoes	2	Ham with Yams	3	Hot Dog with Turkey Chili 9:30 Movie	4	
	1st Sunday Line Dance 1:00 - 4:00	CLOSED	<sup>7</sup> DOLLAR LUNCH Chicken Ravioli Bake	8	Teriyaki Chicken <sup>Wii Bowling</sup>	9	BBQ Pulled Pork Sandwich	10	Salmon Burger	11 AA Mee 10:00 -	ting
N	12	Spaghetti and Meatballs	14 DOLLAR LUNCH Chicken Mozarella Health Screenings Pre-Registration Only	15	Turkey Stuffed Bell Peppers	16	Pork Spare Ribs with BBQ Sauce	17	Tuna Sandwich 11am Sing-a- Long	18	
	3rd Sunday Ballroom Dance 1:00 - 3:30	20 Chicken Fried Steak	DOLLAR LUNCH Italian Sausage Sandwich		Beef Lasagna	23	Chicken Enchilada Bake	24	Chicken Caesar Salad Sandwich	25	
	Last Sunday Ballroom Dance 1:00 - 3:30	27 Basil and Pesto Gnocchi	28 <b>DOLLAR LUNCH</b> Soup and Turkey Cheese Sandwich	29	Meatloaf and Potatoes	30	KFC				

Each meal will include milk, vegetables and other foods to provide you with a nutritionally balanced and delicious meal. The Fresh Salad Bar is your alternative meal: \$3.50 recommended donation MENU IS SUBJECT TO CHANGE

EVERY
TUESDAY IN SEPTEMBER
\$1 LUNCH
SALAD BAR: \$3.50

## **ENJOY THE MUSIC BEFORE LUNCH**

Mondays and Wednesdays: 10:45 - Noon Bob Gutierrez Band Tuesdays: 10:00 - 12:30 Joe Sheldon Spins Music For All Generations Thursdays: 11:30 - 12:30 Vince Mantia's Accordion Dance Music EVERY
TUESDAY IN SEPTEMBER
\$1 LUNCH
SALAD BAR: \$3.50